

Invited Presentations

Anita Bains APRN, BC

- Herbal Brews & Evolving Views: Reuniting Body & Mind** March 17, 2007
Gilbert JP and Bains AL
Northern Virginia CFS / FMS Support Group, Arlington, VA
- Diagnosis and Effective Treatment for Fibromyalgia and Chronic Fatigue Syndrome** December 15, 2006
Blackman JA, Gilbert JP, Bains AL
Grand Rounds, Frederick Memorial Hospital, Frederick, MD
- Exploring Ancient Paths to Well-Being: Change Your Thoughts Change Your Life** August 26, 2006
Bains AL
International Center for Cultural Affairs, Rochester, NY
- The Gilbert Clinic Integrative Model** July 31, 2006
Blackman JA, Gilbert JP, Bains AL
Grand Rounds, George Washington Center for Integrative Medicine Washington, DC
- Change Your Thoughts, Change Your Life** October 25, 2005
Bains AL
Nurse Practitioners of Capital Region
Washington, DC
- Introduction to Energy Psychology & Effective Techniques for Relieving Stress** June 5, 2004
Bains AL
The National Ovarian Cancer Coalition, Baltimore, MD
- Energy Techniques for Relieving Stress** April 25, 2003
Bains AL
Sinai Hospital, Pediatric Oncology, Baltimore, MD
- Introduction of Complementary Medicine Techniques to Nurse Practitioners** May 22, 2002
Bains AL
Nurse Practitioners Association of Maryland, Baltimore, MD
- Energy Psychology and Stress Reduction** February 2, 2002
Bains AL
Grand Rounds, Johns Hopkins Hospital, Baltimore, MD